

## Patient Consent to Laser and Radiofrequency Procedure

I, \_\_\_\_\_ *Patient's Name* \_\_\_\_\_, hereby authorize and direct  
\_\_\_\_\_ *Provider's Name* \_\_\_\_\_ to perform on me the following procedure(s):

*Initial only the procedure(s) you wish to receive*

- \_\_\_\_\_ Laser hair reduction
- \_\_\_\_\_ ReFirme wrinkle reduction and skin tightening
- \_\_\_\_\_ Treatment of superficial vascular lesions, rosacea redness, and/or telangiectasias
- \_\_\_\_\_ Skin Rejuvenation/FotoFacial treatment of skin discoloration
- \_\_\_\_\_ Acne treatment using photodynamic therapy
- \_\_\_\_\_ Temporary reduction of thigh circumference and cellulite reduction

I have been advised of and had all my questions satisfactorily answered regarding the:

- Potential benefits of and alternatives to the selected procedure(s)
- Expected outcomes and probability of success of the selected procedure(s)
- Possible complications, risks, and adverse experiences associated with the selected procedure(s)
- Post-treatment instructions for the selected procedure(s)

Among other things, I have been specifically advised regarding the following:

- Discomfort or pain during the treatment. Please immediately notify your provider if you are having difficulty tolerating the procedure.
- Wound healing – redness, swelling, blistering, crusting, or flaking of the treated areas may occur and require up to three weeks to heal. After healing, the skin may be pink or sensitive to sunlight for an additional two to four weeks.
- Bruising – occasionally, bruising or swelling of a treated area will occur. This possibility can be elevated if you have been taking medications or supplements that cause blood thinning such as anticoagulants, aspirin, anti-inflammatory medicines, steroids, vitamin E, or fish oil.
- Pigment (skin color) changes – during the healing process, there is a small possibility that the treated area can become lighter or darker than the surrounding skin. This is usually temporary but, on rare occasion, may be permanent. Please notify your provider if you have a history of wounds healing with pigment changes.

- Scarring – in the rare event that the skin surface is disrupted, there is a risk of scarring. To minimize this possibility, it is important that you follow all post-treatment instructions carefully. Please notify your provider if you have a history of keloid or hypertrophic (thick) scars or poor wound healing.
- Eye exposure – protective eyewear is provided for all laser therapies. Please keep the eyewear on at all times during treatment to protect your eyes from accidental laser exposure.
- Temporary results – just as individual skin conditions vary, individual results vary. Because the skin is dynamic and its appearance is dependent on many factors, laser and other aesthetic treatment results may not be permanent. The number of treatments required to achieve beneficial results and the extent and duration of those results varies from person-to-person. Please notify your provider if you are dissatisfied with your results.

I understand and acknowledge that payments for the above procedures are non-refundable. By my signature below, I certify that I have read and fully understand the contents of this consent form for laser and radiofrequency treatment.

\_\_\_\_\_  
Signature of the Patient or the Patient's Legal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
If not the patient, state your relationship to the patient or describe your authority to act on behalf of the patient

\_\_\_\_\_  
Signature of the Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

## **Aesthetics Procedure Preparation**

**Several conditions may impede the safety of laser and radiofrequency procedures. If you have any of the following issues, please discuss them and the best treatment options with your provider.**

- Pacemaker or implanted defibrillator
- Metal implant in the treatment area
- Pregnancy
- Surgery within the preceding three months
- Tattoo or permanent make-up in the treatment area
- Poor wound healing, keloid scarring, or a tendency for pigment changes from skin injury
- Active skin inflammation or infection in the treatment area
- Very dark skin
- Excessively tanned skin or use of tanning creams within two weeks
- Bleeding disorder or use of blood thinning medications other than aspirin
- Use of sun-sensitizing medications
- Immune system impairment
- Uncontrolled medical conditions such as diabetes or heart disease
- Diseases that can be activated by light such as lupus, porphyria, and some seizure disorders
- Obesity (Body Mass Index over 30) for those seeking Velashape body contouring (patients who reach a weight loss goal on LifeScape's First Line Therapy receive a free Velashape)
- Accutane therapy within the preceding six months for those seeking acne treatment
- Deep chemical peels or skin resurfacing within the preceding three months for those seeking facial treatments
- Waxing of the treatment area within the preceding three weeks for those seeking hair reduction

**Several steps are recommended before treatment to ensure an optimal result, minimize discomfort, and limit complications.**

- Skin must be clean, exfoliated, and well hydrated
- NO lotions, oils, powder, perfume, or make-up in the treatment area
- Stop any skin irritant medications (including acne medications, Retin A or Renova, and any acids) 72 hours prior to treatment
- NO tanning within two weeks of treatment
- Shave within two days for hair reduction or Velashape treatments (there is an additional charge for shaving if we perform it)
- Hair reduction and Trinity patients with very sensitive skin should arrive 30 minutes early for application of topical anesthetic
- If you are prone to cold sores or herpes infections, antiviral treatment is advised starting at least 24 hours prior to treatment

**Individual results vary and depend on factors beyond treatment including sun damage and sun exposure, tobacco exposure, diet, hydration, exercise, sleep, stress, genetics, and medications. Please notify your provider if you are dissatisfied with your results.**